



™ Healthy Mood
5-HTP *Elite*
Feel Good Formula

DIETARY SUPPLEMENT

Natural
Raspberry
Flavor

Supports Balanced Serotonin Levels to Promote a Healthy Mood*

60 Tasty Tablets: 50 mg

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet		% DV
Vitamin B-6 (as pyridoxyl-5-phosphate and pyridoxine HCl)	1 mg	50%
5-Hydroxytryptophan (from Griffonia Seeds)	50 mg	**

** Daily Value (DV) not established.

Other Ingredients: Sorbitol, mannitol, stearic acid (veg.), raspberry flavor, microcrystalline cellulose, silicon dioxide, croscarmellose sodium, magnesium stearate (veg.), citric acid, methylcellulose, xylitol.

Directions: Take or dissolve one tablet in mouth 1 to 4 times daily, or as directed by your qualified healthcare professional.

5-HTP (5-hydroxytryptophan) is normally produced within our body and converts into serotonin, a major neurotransmitter in our brain. Vitamin B-6 supports this conversion.

✓ **Gluten-free** ✓ **Preservative-free** ✓ **Soy-free**

WARNING: DO NOT take if you are pregnant, lactating, or are taking any prescription antidepressants (e.g., SSRIs, MAO inhibitors or tricyclics), carbidopa or tramadol. Consult your physician before use if you are taking prescription medications.

POTENCY & QUALITY GUARANTEED

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