

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Carlson®

EcoSmart® DHA

Sustainable Source



DIETARY SUPPLEMENT

Promotes Heart, Brain, Vision and Joint Health*

20 Soft Gels

20 Soft Gels
FREE



Carlson. Specializing in the finest Norwegian fish oils since 1982



Supplement Facts

Serving Size 1 Soft Gel

	Amount Per Soft Gel	% DV
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%**
Cholesterol	5 mg	2%
Vitamin E (as natural d-Alpha Tocopherol)	10 IU	33%
Norwegian Calamari Oil	1000 mg	†
Omega-3 Fatty Acids [†]	550 mg	†
DHA (Docosahexaenoic Acid) [†]	500 mg	†
EPA (Eicosapentaenoic Acid) [†]	50 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established. [†]Reported as ethyl ester.

Other Ingredients: Natural lemon flavor, mixed tocopherols.
Soft Gel Shell: Beef gelatin, glycerin, water. Contains calamari.

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.
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www.carsonlabs.com • An FDA Regulated Facility



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The sustainability of our environment pertains to us all. **EcoSmart DHA** is an eco-friendly and highly sustainable source of the important omega-3s, EPA and DHA. Each easy-to-swallow soft gel provides 500 mg of DHA from calamari oil. EcoSmart DHA: Healthy for you. Healthy for our Earth.

Directions: Take one soft gel once or twice daily, **at mealtime**. Keep bottle tightly closed and out of the reach of children.

✓ Gluten-free ✓ Preservative-free

PURITY GUARANTEED

This product is regularly tested (using AOAC international protocols) for freshness, potency and purity by an independent, FDA-registered laboratory and has been determined to be fresh, fully-potent and free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.