



Carlson®



EcoSmart® DHA

Sustainable Source



DIETARY SUPPLEMENT

Promotes Heart, Brain, Vision and Joint Health*
120 Soft Gels



*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Carlson. Specializing in the finest Norwegian fish oils since 1982

Supplement Facts



Serving Size 1 Soft Gel

	Amount Per Soft Gel	% DV
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%**
Cholesterol	5 mg	2%
Vitamin E (as natural d-Alpha Tocopherol)	10 IU	33%
Norwegian Calamari Oil	1000 mg	†
Omega-3 Fatty Acids*	550 mg	†
DHA (Docosahexaenoic Acid)*	500 mg	†
EPA (Eicosapentaenoic Acid)*	50 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established. *Reported as ethyl ester.

Other Ingredients: Natural lemon flavor, mixed tocopherols. Soft Gel Shell: Beef gelatin, glycerin, water. Contains calamari.

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.
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The sustainability of our environment pertains to us all. EcoSmart DHA is an eco-friendly and highly sustainable source of the important omega-3s, EPA and DHA. Each easy-to-swallow soft gel provides 500 mg of DHA from calamari oil. EcoSmart DHA: Healthy for you. Healthy for our Earth.

Directions: Take one soft gel once or twice daily, **at mealtime**. Keep bottle tightly closed and out of the reach of children.

✓ Gluten-free ✓ Preservative-free

PURITY GUARANTEED

This product is regularly tested (using AOAC international protocols) for freshness, potency and purity by an independent, FDA-registered laboratory and has been determined to be fresh, fully-potent and free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.

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