



EcoSmart Omega-3

Sustainable Source

Natural
Lemon
Flavor

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



DIETARY SUPPLEMENT

Promotes Heart, Brain, Vision and Joint Health*

180 Soft Gels

Carlson. Specializing in the finest Norwegian fish oils since 1982

Supplement Facts

Serving Size 1 Soft Gel



Amount Per Serving	% DV
Calories	10
Calories from Fat	10
Total Fat	1 g 2%**
Cholesterol	5 mg 2%
Vitamin E (as natural d-Alpha Tocopherol)	10 IU 33%
Norwegian Calamari Oil	1000 mg †
Omega-3 Fatty Acids*	500 mg †
DHA (Docosahexaenoic Acid)*	360 mg †
EPA (Eicosapentaenoic Acid)*	140 mg †

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established. *Reported as ethyl ester.

Other Ingredients: Natural lemon flavor, mixed tocopherols. Soft Gel Shell: Beef gelatin, glycerin, water. Contains calamari.

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.
Arlington Heights, IL 60004 • 888-234-5656 • 847-255-1600
www.carlsonlabs.com • An FDA Regulated Facility

The sustainability of our environment pertains to us all. **EcoSmart Omega-3** is an eco-friendly and highly sustainable source of the important omega-3s, EPA and DHA. EcoSmart Omega-3s easy-to-swallow soft gels provide the omega-3s that support brain, vision, joint & cardiovascular health.* EcoSmart Omega-3: Healthy for you. Healthy for our Earth.

Directions: Adults take one soft gel once or twice daily, **at mealttime**. Keep bottle tightly closed and out of the reach of children.

PURITY GUARANTEED

This product is regularly tested (using AOAC international protocols) for freshness, potency and purity by an independent, FDA-registered laboratory and has been determined to be fresh, fully-potent and free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



1802-1c