

Not for sale in California



Liquid Multiple Minerals

Chelated Mineral Supplement

DIETARY SUPPLEMENT

Supports Optimal Health at the Cellular Level*
90 Soft Gels

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Carlson **Liquid Multiple Minerals** is a balanced formulation of essential minerals. This mineral complex is chelated with amino acids to promote absorption.

Supplement Facts

Serving Size 3 Soft Gels
Servings per Container 30

	Amount Per 3 Soft Gels	% DV
Calories	25	
Calories from Fat	20	
Total Fat	2 g	3%**
Calcium (from calcium glycinate chelate and dicalcium phosphate)	400 mg	40%
Iron (from iron glycinate chelate)	18 mg	100%
Phosphorus (from dicalcium phosphate)	153 mg	15%
Iodine (from potassium iodide)	300 mcg	200%

	Amount Per 3 Soft Gels	% DV
Magnesium (from magnesium glycinate chelate and magnesium oxide)	200 mg	50%
Zinc (from zinc glycinate chelate)	15 mg	100%
Selenium (from selenomethionine)	105 mcg	150%
Copper (from copper glycinate and copper carbonate)	2 mg	100%
Manganese (from manganese glycinate chelate)	6 mg	300%
Chromium (from chromium nicotinate glycinate chelate)	180 mcg	150%
Molybdenum (from molybdenum glycinate chelate)	75 mcg	100%
Potassium (from potassium chloride)	100 mg	3%
Boron (from boron amino acid chelate)	10 mg	†
Vanadium (Bis-Maltolato Oxo Vanadium)	1 mg	†

** Percent Daily Values are based on a 2000 calorie diet.
† Daily Value (DV) not established.

Other Ingredients: Sunflower oil, beeswax, soy lecithin, rice flour. Soft Gel Shell: Beef gelatin, glycerin, carob, water, titanium dioxide.

Directions: Take three soft gels daily **at mealtime**. Keep bottle tightly closed and away from heat and moisture.

✓ **Gluten-free** ✓ **Milk/Casein-free**
✓ **Preservative-free**

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

POTENCY & QUALITY GUARANTEED

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