



# Chelated Manganese

Chelated to Enhance Absorption

DIETARY SUPPLEMENT

Supports Healthy Metabolism\*

250 Tablets

\*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Serving Size 1 Tablet

|                                                 | Amount Per Tablet | % Daily Value |
|-------------------------------------------------|-------------------|---------------|
| Manganese<br>(from manganese glycinate chelate) | 20 mg             | 1000%         |

Other Ingredients: Microcrystalline cellulose, stearic acid (veg.), croscarmellose sodium, silicon dioxide.

**Directions:** Take one tablet every other day, **at mealtime**. Keep bottle tightly closed. Store away from heat and moisture.

### POTENCY & QUALITY GUARANTEED

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Manganese is an essential trace nutrient, supporting many body functions, including bone and brain health.\*

The manganese is chelated with glycine (an important amino acid in human nutrition). Chelation helps the body to transport minerals across the intestinal wall as part of digestion.\*

✓ **Gluten-free** ✓ **Sugar-free**  
✓ **Preservative-free**

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