

Promotes Heart, Brain, Vision and Joint Health* 90 Soft Gels

Serving Size 1 Soft Gel

Amount Per	Amount Per Serving		
Calories	10		
Calories from Fat	10		
Total Fat	1	g	2%**
Cholesterol	5	mg	2%
Vitamin E (as natural d-Alpha Tocopherol)	10	IU	33%
Norwegian Calamari Oil	1000	mg	†
Omega-3 Fatty Acids®	500	mg	+
DHA (Docosahexaenoic Acid) [®]	360	mg	+
EPA (Eicosapentaenoic Acid)☆	140	ma	t

** Percent Daily Values are based on a 2,000 calorie diet. † Daily Value (DV) not established. *Reported as ethyl ester. Other Ingredients: Natural lemon flavor, mixed

tocopherols. Soft Gel Shell: Beef gelatin, glycerin, water. Contains calamari.

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc. Arlington Heights, IL 60004 • 888-234-5656 • 847-255-1600 www.carlsonlabs.com · An FDA Regulated Facility

Supplement Facts Carlson. Norwegian marine oils since 1982.

The sustainability of our environment pertains to us all. EcoSmart Omega-3 is an eco-friendly and highly sustainable source of the important omega-3s, EPA and DHA. EcoSmart Omega-3s easy-to-swallow soft gels provide the omega-3s that support brain, vision, joint & cardiovascular health.* EcoSmart Omega-3: Healthy for you. Healthy for our Earth.

Directions: Adults take one soft gel once or twice daily, at mealtime. Keep bottle tightly closed and out of the reach of children

PURITY GUARANTEED

This product is regularly tested (using AOAC international protocols) for freshness, potency and purity by an independent, FDA-registered laboratory and has been determined to be fresh, fully-potent and free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



