



Omega-3•6•9

with Borage Oil



DIETARY SUPPLEMENT

Promotes Heart, Brain, Vision and Joint Health*
180 Soft Gels

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 2 Soft Gels
Servings Per Container 90

	Amount Per 2 Soft Gels	% DV
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%**
Vitamin D ₃ (as cholecalciferol)	2000 IU	500%
Vitamin E (as natural d-Alpha Tocopherol)	200 IU	667%
Total Omega-3s (from Norwegian fish oil)*	400 mg	†
EPA (Eicosapentaenoic Acid)*	266 mg	†
DHA (Docosahexaenoic Acid)*	134 mg	†
Omega-6 (Gamma Linolenic Acid from borage seed oil)*	400 mg	†
Omega-9 (Oleic Acid from borage seed oil)*	300 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value (DV) not established. *Reported as triglycerides.

Other Ingredients: Natural lemon flavor. Soft Gel Shell: Beef gelatin, glycerin, water. Contains fish (anchovy and sardine).

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Medical Scientists Internationally are encouraging people to eat more fish. Fish body oil is a major source of the polyunsaturated Omega-3s EPA and DHA. This balanced formula combines equal ratios of omega-3s and omega-6s, plus omega-9 from borage seed oil.

Directions: Take two soft gels once daily, **at mealtime.**

✓ **Gluten-free** ✓ **Sugar-free**
✓ **Preservative-free**

PURITY GUARANTEED

This product is regularly tested (using AOAC international protocols) for freshness, potency and purity by an independent, FDA-registered laboratory and has been determined to be fresh, fully-potent and free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.



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