



# Carlson

20 Soft Gels  
**FREE**

Norwegian Fish Oil Concentrate

# Super DHA

500 mg of DHA

Gems®

FRESHNESS  
PURITY  
GUARANTEED  
& POTENCY

DIETARY SUPPLEMENT

## Promotes Brain, Vision, Joint & Cardiovascular Health\*

20 Soft Gels

\*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Serving Size 1 Soft Gel

	Amount Per Soft Gel	% DV
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%**
Vitamin E (as natural d-Alpha Tocopherol)	10 IU	33%
Fish Body Oil Concentrate	1000 mg	†
DHA (Docosahexaenoic Acid)*	500 mg	†
EPA (Eicosapentaenoic Acid)*	100 mg	†

\*\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established. †Reported as triglycerides.

Other Ingredients: Soft Gel Shell: Beef gelatin, glycerin, water.  
Contains fish (anchovy, sardine, tuna).

**Directions:** Take one soft gel one to five times daily, at mealtime.

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DHA is a vital structural component of cell membranes in our brain and eyes. It supports healthy cell signaling.\*

Each Carlson **Super DHA Gems** soft gel contains 1000 mg (1 gram) of fish body oil concentrate from a special blend of Norwegian fish oils. **PLUS:** 10 IU of Natural Vitamin E (d-alpha tocopherol) has been added, not only to protect the freshness of the oil, but to supply the body with the additional Vitamin E it may need. Increased amounts of Vitamin E are needed when polyunsaturated oils like DHA and EPA are consumed.

### PURITY GUARANTEED

This product is regularly tested (using AOAC international protocols) for freshness, potency and purity by an independent, FDA-registered laboratory and has been determined to be fresh, fully-potent and free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.



1554-1c

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