



Carlson®

Mother's DHA

100 mg of DHA

DIETARY SUPPLEMENT

Promotes Heart, Brain, Vision and Joint Health*

60 Soft Gels



Natural
Orange
Flavor

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Carlson. Specializing in the finest Norwegian fish oils since 1982

Supplement Facts

Serving Size 1 Soft Gel

	Amount Per Soft Gel	% DV for Pregnant & Lactating Women
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	**
Cholesterol	2 mg	**
Vitamin E (as natural d-Alpha Tocopherol)	10 IU	33%
Fish Body Oil Concentrate	600 mg	**
DHA (Docosahexaenoic Acid)*	100 mg	**
EPA (Eicosapentaenoic Acid)*	50 mg	**

** Daily Value (DV) not established. *Reported as triglycerides.

Other Ingredients: Natural tocopherols, natural orange and tangerine flavors.
Soft Gel Shell: Beef gelatin, glycerin, water. Contains fish (anchovy and sardine).

✓ Gluten-free ✓ Sugar-free ✓ Preservative-free

Distributed by Carlson Division of J.R. Carlson
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DHA is an important nutrient for the optimal development of an infant's brain and eyes during pregnancy.* May be taken after pregnancy to enhance the quality of breast milk.*

Directions for Pregnant Women and Lactating Mothers: Take one soft gel one to five times daily, **at mealtime.**

PURITY GUARANTEED

This product is regularly tested (using AOAC international protocols) for freshness, potency and purity by an independent, FDA-registered laboratory and has been determined to be fresh, fully-potent and free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.

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