

To
Promote
Healthy
Vision*



Able Eyes®

180 SOFT GELS

Carlson Dietary
Supplement

9842 - 38

* This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Formulated by ophthalmologist Robert Abel, M.D. to
promote and maintain healthy eyes & lasting vision *

Supplement Facts

Serving Size 1 Soft Gel
Servings Per Container 180

	Amount Per Soft Gel	% DV
Vitamin A (as retinyl palmitate)	5000 IU	100%
Vitamin C (ascorbic acid)	180 mg	300%
Vitamin D3 (as cholecalciferol)	1000 IU	250%
Vitamin E (as d-alpha tocopherol from soy)	200 IU	66.7%
Magnesium (from magnesium oxide)	80 mg	20%
Zinc (from zinc citrate)	7.5 mg	50%
Selenium (from selenomethionine)	70 mcg	100%
Chromium (from chromium glycinate)	120 mcg	100%
DHA (from fish oil)	100 mg	☆
Lutein [extracted from marigolds (<i>Tagetes erecta</i>)(flower)]	6 mg	☆
Zeaxanthin	300 mcg	☆
Bilberry (standardized to 25% anthocyanosides)	50 mg	☆
Citrus Bioflavonoids Complex	50 mg	☆
Quercetin Dihydrate	50 mg	☆
Silymarin [from milk thistle extract (<i>Silybum marianum</i>)(seed)]	50 mg	☆
Taurine	25 mg	☆
NAC (N-Acetyl Cysteine)	20 mg	☆
† Percent Daily Values are based on a 2,000 calorie diet.		
☆ Daily Value (DV) not established.		

Other ingredients: Lecithin (soybeans), beeswax, lemon oil, soybean oil, Soft Gel Shell: Beef gelatin, glycerin, water, carb, annatto, titanium dioxide. Contains soy and fish (anchovy, sardine, tuna).

Directions: Adults take 1 soft gel once or twice daily AT MEALTIME.

Soft-free. Yeast-free. Preservative-free. Milk-free. Wheat-free. Gluten-free. Natural color variations may occur in the soft gel.

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