



Nutra-Support® Stress

Vitamin B Complex

DIETARY SUPPLEMENT

Supports Healthy Energy Levels & Brain Function*
90 Tablets

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Provides nutrients important for the nervous system and brain health which play a role in cognitive function, mood and stress.*

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 45

	Amount Per 2 Tablets	% DV
Vitamin C (ascorbic acid)	500 mg	833%
Thiamin (Vitamin B-1)(from thiamin HCl)	10 mg	667%
Riboflavin (Vitamin B-2)	10 mg	588%
Niacin (as niacinamide)	100 mg	500%
Vitamin B-6 (as pyridoxine HCl)	10 mg	500%
Folate (folic acid)	800 mcg	200%
Vitamin B-12 (as cyanocobalamin)	30 mcg	500%
Biotin	300 mcg	100%
Pantothenic Acid (as d-calcium pantothenate)	200 mg	2000%
Choline (from choline bitartrate)	100 mg	**
Inositol	100 mg	**
PABA (para-aminobenzoic acid)	30 mg	**
** Daily Value (DV) not established		

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Other Ingredients: Stearic acid, croscarmellose sodium, microcrystalline cellulose, dicalcium phosphate, hydroxypropylcellulose, ethylcellulose, food glaze, magnesium stearate, silicon dioxide, methylcellulose.

Directions: Take two tablets daily, **at mealtime**. Keep bottle tightly closed. Store away from heat and moisture. Tablet color may darken over time.

✓ **Gluten-free** ✓ **Sugar-free**
✓ **Preservative-free**

This formula is prepared to disintegrate over a period of up to 1 hour.

POTENCY & QUALITY GUARANTEED

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