

and Joint Health\*
8.4 fl oz (250 mL)

## Carlson. The Finest Norwegian Cod Liver Oil

## **Supplement Facts**

Serving Size 1/2 Teaspoon (2.5 mL) Servings Per Container 100

Amount Per 1/2 Tea	aspo	on	% DV
Calories	25		
Calories from Fat	25		
Total Fat	2.5	g	4%**
Saturated Fat	0.5	g	3%
Cholesterol	10	mg	3%
Vitamin A (from Cod Liver Oil)	425	IU	9%
Vitamin D3 (from Cod Liver Oil)	200	IU	50%
Vitamin E (as d-alpha tocopherol & mixed tocopherols)	5	IU	17%
100% Norwegian Cod Liver Oil	2.3	g	+
Omega-3 Fatty Acids*	550	mg	+
DHA (Docosahexaenoic Acid)*	250	mg	+
EPA (Eicosapentaenoic Acid)*	200	mg	t

\*\* Percent Daily Values are based on a 2000 calorie diet. † Daily Value (DV) not established. \*Reported as triglycerides.

Other ingredients: Fruit flavors. Contains fish (cod).

**Directions:** Children 4 years and older take 1/2 teaspoon once or twice daily **at mealtime**.

Consult your pediatrician before giving to children under 4 years of age. After initially opening the bottle, keep refrigerated and preferably use within 100 days.

✓ Gluten-free ✓ Preservative-free

## **PURITY GUARANTEED**

This product is regularly tested (using AOAC international protocols) for freshness, potency and purity by an independent, FIDA-registered laboratory and has been determined to be fresh, fully-potent and free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.

Manufactured & bottled in Norway for J. R. Carlson Laboratories, Inc.
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