


Carlson®Kid's
NorwegianCod Liver
Oil

Omega-3s EPA & DHA

FRESHNESS
PURITY
GUARANTEED
& POTENCY

DIETARY SUPPLEMENT

Natural
Lemon
Flavor

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Promotes Heart, Brain, Vision
and Joint Health*

8.4 fl oz (250 mL)

Carlson®

The Finest Norwegian Cod Liver Oil

Supplement Facts

Serving Size 1/2 Teaspoon (2.5 mL)
Servings Per Container 100

	Amount Per 1/2 Teaspoon	% DV
Calories	25	
Calories from Fat	25	
Total Fat	2.5 g	4%**
Saturated Fat	0.5 g	3%
Cholesterol	10 mg	3%
Vitamin A (from Cod Liver Oil)	425 IU	9%
Vitamin D3 (from Cod Liver Oil)	200 IU	50%
Vitamin E (as d-alpha tocopherol & mixed tocopherols)	5 IU	17%
100% Norwegian Cod Liver Oil	2.3 g	†
Omega-3 Fatty Acids*	550 mg	†
DHA (Docosahexaenoic Acid)*	250 mg	†
EPA (Eicosapentaenoic Acid)*	200 mg	†

** Percent Daily Values are based on a 2000 calorie diet.

† Daily Value (DV) not established. *Reported as triglycerides.

Other ingredients: Natural lemon flavor. Contains fish (cod).

Directions: Children 4 years and older take 1/2 teaspoon once or twice daily **at mealtime**.

Consult your pediatrician before giving to children under 4 years of age. After initially opening the bottle, keep refrigerated and preferably use within 100 days.

✓ Gluten-free ✓ Preservative-free

PURITY GUARANTEED

This product is regularly tested (using AOAC international protocols) for freshness, potency and purity by an independent, FDA-registered laboratory and has been determined to be fresh, fully-potent and free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.

Manufactured & bottled in Norway for J. R. Carlson Laboratories, Inc.
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