


Carlson

Nutra•Support® 50+

Energy and Vitality for
Adults Over 50



Natural
Lemon
Flavor

DIETARY SUPPLEMENT

Promotes Heart, Brain, Vision
and Joint Health*

8.4 fl oz (250 mL)

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Supplement Facts

Serving Size 1 Teaspoon (5 mL)
Servings Per Container 50

	Amount Per Teaspoon	% DV
Calories	45	
Calories from Fat	45	
Total Fat	5 g	8%**
Saturated Fat	1 g	5%
Cholesterol	20 mg	7%
Vitamin A (from Cod Liver Oil)	850 IU	17%
Vitamin D3 (from Cod Liver Oil and cholecalciferol)	2000 IU	500%
Vitamin E (as α -tocopherol & mixed tocopherols)	10 IU	33%
100% Norwegian Cod Liver Oil	4.6 g	†
Omega-3 Fatty Acids*	1100 mg	†
DHA (Docosahexaenoic Acid)*	500 mg	†
EPA (Eicosapentaenoic Acid)*	400 mg	†

** Percent Daily Values are based on a 2000 calorie diet.
† Daily Value (DV) not established. *Reported as triglycerides.

Other ingredients: Natural Lemon flavor. Contains fish (cod).

Directions: Take one teaspoon daily **at mealtime**. After initially opening the bottle, keep refrigerated and preferably use within 100 days.

✓ Gluten-free ✓ Preservative-free



PURITY GUARANTEED

This product is regularly tested (using AOAC international protocols) for freshness, potency and purity by an independent, FDA-registered laboratory and has been determined to be fresh, fully-potent and free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.

Manufactured & bottled in Norway for J. R. Carlson Laboratories, Inc.
Arlington Heights, IL 60004 • 888-234-5656 • 847-255-1600 www.carlsonlabs.com

