

**BODYTECH**

# BCAA & GLUTAMINE

**SUPPORTS MUSCLE ENDURANCE,  
GROWTH AND RECOVERY**

NET WT. 13.8 OZ. (391 G) • DIETARY SUPPLEMENT

## Supplement Facts

Serving Size 1 Scoop (6.53 g)

Servings Per Container 59

|                              | Amount<br>Per Serving | % Daily<br>Value |
|------------------------------|-----------------------|------------------|
| Vitamin C (as ascorbic acid) | 30 mg                 | 50%              |
| L-Glutaminet                 | 2.5 g                 | *                |
| L-Leucinet                   | 2 g                   | *                |
| L-Isoleucinet                | 1 g                   | *                |
| L-Valinet                    | 1 g                   | *                |

\* Daily Value not established.

**Other ingredients:** Lecithin.

**Contains** Soy.

**NO** Yeast, Wheat, Gluten, Sugar, Salt, Dairy, Citrus, Fish, Animal Derivatives, Preservatives, Artificial Colors or Flavors Added.

† Free Form Amino Acids

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**DIRECTIONS:** As a dietary supplement, mix one (1) scoop with 6-8 oz. of water or your favorite beverage. For best results, use before and after training and consume daily.

**WARNING:** Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

BodyTech®'s BCAA & Glutamine Powder provides a precise 2:1:1 ratio of the essential branched chain amino acids: L-Leucine, L-Isoleucine and L-Valine. During times of metabolic stress (such as high intensity resistance training), BCAAs may become fuel for your muscles and help aid in protein synthesis and prevent catabolism (protein breakdown). Also added are L-Glutamine for its anti-catabolic properties and antioxidant Vitamin C.

Pre and Post-workout support.

Distributed by: Vitamin Shoppe, Inc.  
Secaucus, NJ 07094

Visit [www.bodytech.com](http://www.bodytech.com) or call 1-800-223-1216  
for more information and to reorder.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT

Do not use if outer seal  
is broken or missing.

Item No.  
VS-2082  
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