



BCAA & GLUTAMINE

**SUPPORTS MUSCLE ENDURANCE,
GROWTH AND RECOVERY**

NET WT. 6.9 OZ. (195.9 G) • DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Scoop (6.53 g)

Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid)	30 mg	50%
L-Glutaminet	2.5 g	*
L-Leucinet	2 g	*
L-Isoleucinet	1 g	*
L-Valinet	1 g	*

* Daily Value not established.

Other ingredients: Lecithin.

Contains Soy.

NO Yeast, Wheat, Gluten, Sugar, Salt, Dairy, Citrus, Fish, Animal
Derivatives, Preservatives, Artificial Colors or Flavors Added.

† Free Form Amino Acids

**These statements have not been evaluated by the Food and Drug
Administration. This product is not intended to diagnose, treat, cure or
prevent any disease.**

DIRECTIONS: As a dietary supplement, mix one (1) scoop with 6-8 oz. of water or your favorite beverage. For best results, use before and after training and consume daily.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

BodyTech's BCAA & Glutamine Powder provides a precise 2:1:1 ratio of the essential branched chain amino acids: L-Leucine, L-Isoleucine and L-Valine. During times of metabolic stress (such as high intensity resistance training), BCAAs may become fuel for your muscles and help aid in protein synthesis and prevent catabolism (protein breakdown). Also added is glutamine for its anti-catabolic properties and antioxidant Vitamin C.

Distributed by: Vitamin Shoppe, Inc.

Secaucus, NJ 07094

Visit www.bodytech.com or call 1-800-223-1216

for more information and to reorder.

STORE IN A COOL, DRY PLACE.

KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT

Do not use if outer seal is broken or missing.

Item No.

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