

 *Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.®*



Buffered Vitamin C is from mineral ascorbates, which are less acidic and maintain excellent absorption.

Questions? Call 1-800-9NATURE or visit naturesway.com. Our Buffered Vitamin C is carefully tested and produced to superior quality standards.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. **Keep out of reach of children.**

STORE IN A COOL, DRY PLACE

LN40320.01
BLK319



PREMIUM

**Nature's
Way**

QUALITY

Buffered C-500

MINERAL ASCORBATES



**ANTI-
OXIDANT**

100 Capsules / Certified Potency

DIETARY SUPPLEMENT

Recommendation: Take 1 capsule one to two times daily, preferably with food.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% DV
Total Carbohydrate	<1 g	<1%†
Vitamin C (as ascorbic acid/calcium ascorbate/magnesium ascorbate)	500 mg	833%
Calcium (as calcium ascorbate)	4 mg	<1%
Magnesium (as magnesium ascorbate)	4 mg	1%

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

Other ingredients: Gelatin (capsule), Cellulose, Magnesium stearate

Contains no yeast, milk, lactose, wheat, sugar, soy or preservatives.

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