



Selenium

Yeast-Free • 200 mcg

DIETARY SUPPLEMENT

Promotes Prostate and Immune System Health*

180 Capsules

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Capsule

	Amount Per Capsule	% Daily Value
Selenium (from L-selenomethionine)	200 mcg	286%

Other Ingredients: Microcrystalline cellulose, dicalcium phosphate, magnesium stearate, silicon dioxide, beef gelatin capsule.

Directions: Take one capsule daily, **at mealtime.**

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POTENCY & QUALITY GUARANTEED

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Selenium is an important trace mineral. It is essential to the function of glutathione peroxidase, an antioxidant enzyme, which neutralizes harmful peroxide free radicals.* Muscle enzymes also use selenium to maintain normal mass and tone.*

Each capsule contains Selenium organically-bound with L-Methionine, an essential amino acid in human nutrition.

✓ **Gluten-free** ✓ **Sugar-free**
✓ **Preservative-free**



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