

**Supplement Facts** 

Serving Size 1 Capsule

Amount Per % Daily Capsule Value

Magnesium 350 mg (from magnesium oxide)

Other Ingredients: Microcrystalline cellulose, magnesium stearate (veg.), beef gelatin capsule.

**Directions:** Take one capsule daily, preferably **at mealtime**. Keep bottle tightly closed. Store away from heat and moisture.

✓ Gluten-free ✓ Preservative-free ✓ Sugar-free

DO NOT ACCEPT IF CLEAR BAND AROUND BOTTLE NECK AND CAP IS DAMAGED OR MISSING.

Magnesium is an essential mineral, important for many vital body functions. Magnesium is responsible for proper heart rhythm, nervous system function, and the normal utilization of calcium and potassium.\* It may naturally help promote and maintain regular bowel elimination.\*

## POTENCY & QUALITY GUARANTEED

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.
Arlington Heights, IL 60004
888-234-5656 • 847-255-1600 • www.carlsonlabs.com

An F.D.A. Regulated Facility



5221-

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Promotes Cardiovascular Health & Muscle Function\*
90 Capsules