



Liquid Magnesium

400 mg

DIETARY SUPPLEMENT

Promotes Cardiovascular Health & Muscle Function*
100 Soft Gels

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Soft Gel

	Amount Per Soft Gel	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%**
Magnesium (from magnesium oxide)	400 mg	100%
**Percent Daily Values are based on a 2,000 calorie diet.		

Other Ingredients: Sunflower oil, beeswax.
Soft Gel Shell: Beef gelatin, glycerin, water,
titanium dioxide.

Directions: Take one soft gel daily, **at mealtime**. Keep bottle tightly closed.
Store away from heat and moisture.

Magnesium is an essential mineral, important for many vital body functions. Magnesium is responsible for proper heart rhythm, nervous system function, and the normal utilization of calcium and potassium.* It may naturally help promote and maintain regular bowel elimination.*

✓ **Gluten-free** ✓ **Milk/Casein-free**
✓ **Preservative-free**

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POTENCY & QUALITY GUARANTEED

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