



# Liquid Cal-Mag

**2:1 Ratio**

DIETARY SUPPLEMENT

**Supports Healthy Bones & Natural Energy Production\***

**100 Soft Gels**

\*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Serving Size 1 Soft Gel

|                                                                | Amount Per Soft Gel | % DV |
|----------------------------------------------------------------|---------------------|------|
| Calories                                                       | 5                   |      |
| Calories from Fat                                              | 5                   |      |
| Total Fat                                                      | 0.5 g               | 1%** |
| Vitamin D <sub>3</sub>                                         | 500 IU              | 125% |
| Calcium (from calcium carbonate)                               | 200 mg              | 20%  |
| Magnesium (from magnesium oxide)                               | 100 mg              | 25%  |
| ** Percent Daily Values (DV) are based on a 2000 calorie diet. |                     |      |

Other Ingredients: Sunflower oil, soy lecithin, beeswax. Soft Gel Shell: Beef gelatin, glycerin, water, titanium dioxide.

**Directions:** Take one soft gel daily, **at mealtime**.  
Keep bottle tightly closed.

✓ **Gluten-free** ✓ **Milk/Casein-free**  
✓ **Preservative-free**

Carlson Liquid Cal-Mag soft gels provide Calcium and Magnesium in the preferred 2 to 1 ratio.

Calcium and Magnesium are associated with a well-functioning nervous system and play a role in blood and tissue processes.\* Calcium is also necessary for the maintenance of strong, healthy bones and teeth.\* Magnesium also helps promote the metabolism of other important nutrients.\* Vitamin D<sub>3</sub> has been added to aid Calcium absorption.\*

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

### POTENCY & QUALITY GUARANTEED

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.  
Arlington Heights, IL 60004  
888-234-5656 • 847-255-1600 • [www.carlsonlabs.com](http://www.carlsonlabs.com)

**An FDA Regulated Facility**



5171-1b