DIETARY SUPPLEMENT

Carlson®

LIQUID CAL-MAG

CALCIUM - MAGNESIUM

30 SOFT GELS

5170 - 1a

Carlson **LIQUID CAL-MAG** soft gels provide Calcium and Magnesium in the preferred 2 to 1 ratio. These two essential minerals are stored in the bones and soft tissues of the body.

Supplement Facts

Serving Size 1 Soft Gel

	Amount Per Soft Gel	% DV
Calories	6	
Calories from Fat	5	
Total Fat	0.5 g	1% ☆
Protein	300 mg	1%
Vitamin D_3	500 IU	125%
Calcium (from calcium carbonate)	200 mg	20%
Magnesium (from magnesium oxide)	100 mg	25%

☆ Percent Daily Values (DV) are based on a 2000 calorie diet.

Other Ingredients: Sunflower oil, gelatin, glycerin, lecithin (soybeans), titanium dioxide, beeswax, water.

Directions: Take one soft gel daily, preferably at mealtime.

Sugar-free. Wheat-free. Yeast-free. Salt-free. Milk-free. Preservative-free. Starch-free. Natural color. Gluten-free.

POTENCY & QUALITY GUARANTEED

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