

## Natural Gamma-E

Natural Gamma-E contains alpha-tocopherol balanced with gamma-tocopherol.\* Research suggests that gamma-tocopherol complements alpha-tocopherol, because excessive alpha-tocopherol may deplete plasma gamma-tocopherol.\* Natural tocopherols come from soy.

### Suggested Use

As a dietary supplement, 1 or 2 softgels one or two times daily with meals, or as directed by a healthcare practitioner.

Keep in a cool, dry place, tightly capped.

Formulated exclusively for Allergy Research Group®  
Alameda, CA, 94502 [www.allergyresearchgroup.com](http://www.allergyresearchgroup.com)  
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\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

AllergyResearchGroup®

# Natural Gamma-E

## Full Spectrum Tocopherols



dietary supplement  
120 softgels

## Supplement Facts

Serving Size 2 Softgels  
Servings Per Container 60

Amount Per Serving % Daily Value\*

Vitamin E (as High-Gamma Mixed Tocopherols and D-alpha-Tocopherol) 722 mg

providing

D-alpha-Tocopherol	400 IU	1333%
D-gamma-Tocopherol	400 mg	†
D-delta-Tocopherol and		
D beta-Tocopherol	100 mg	†
Tocotrienols	4 mg	†

† Daily Value not established. \* Percent Daily Value are based on a 2,000 calorie diet

Other ingredients: Gelatin, glycerin, purified water, soybean oil.

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