

MVM-A

Antioxidant Protocol

Multiple vitamin and mineral formula with additional nutrients featuring N-acetyl-L-carnitine and 5-methyltetrahydrofolate, the active form of folate.* Developed by Martin Pall, Ph.D. and Allergy Research Group.

Suggested Use

As a dietary supplement, 2 capsules two times daily, or as directed by a healthcare practitioner.

Keep in a cool, dry place, tightly capped.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Formulated exclusively for
Allergy Research Group®
Alameda, CA, 94502
www.allergyresearchgroup.com
Phone: 510.263.2000



MVM-A

Antioxidant Protocol



dietary supplement
HYPOALLERGENIC
180 vegetarian capsules

Supplement Facts		
Serving Size	2 Capsules	
Servings Per Container	90	
Amount Per Serving	% Daily Value*	
Vitamin A (as Retinyl Palmitate)	525 IU	10%
Vitamin C (as Ascorbic Acid)	67 mg	112%
Vitamin D3 (as Cholecalciferol)	540 IU	135%
Vitamin K1 (as Phytomenadione)	25 mcg	31.2%
Thiamine (as Thiamine Hydrochloride)	8 mg	533%
Riboflavin (as Riboflavin, Riboflavin-5-Phosphate)	10 mg	588%
Vitamin B3 (as Inositol hexinicate)	30 mg	150%
Vitamin B6 (as Pyridoxine HCl, Pyridoxine-5-Phosphate)	8 mg	400%
5-Methyltetrahydrofolate (from (6S)-5-Methyltetrahydrofolic acid, glucosamine salt)	200 mcg	50%
Vitamin B12 (as Hydroxycobalamin)	30 mcg	500%
Biotin	100 mcg	33%
Pantothenic Acid (as D-Pantothenate Calcium)	20 mg	200%
Calcium (as Calcium Carbonate, Sulfate, Citrate)	83 mg	8%
Iodine (as Potassium Iodide)	50 mcg	33%
Magnesium (as Sulfate, Citrate, Malate, Bisglycinate)	120 mg	30%
Zinc (as Zinc Citrate)	7 mg	47%
Selenium (as Selenomethionine)	67 mcg	96%
Copper (as Copper Bisglycinate)	0.4 mg	20%
Manganese (as Manganese Sulfate)	1.5 mg	75%
Chromium (as Chromium Picolinate)	50 mcg	41.6%
Molybdenum (as Sodium Molybdate)	30 mcg	40%
Glycine (as Magnesium Bisglycinate)	8 mg	†
Taurine	83 mg	†
Boron (as Boric Acid)	1 mg	†
N-Acetyl L-Carnitine	100 mg	†
Lipoic Acid	40 mg	†
† Daily Value not established. * Percent Daily Value are based on a 2,000 calorie diet		

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, magnesium stearate, silicon dioxide, gum acacia.