

# Taurine

Taurine is a semi-essential amino acid. Free form amino acid, high purity, well tolerated.

## Suggested Use

As a dietary supplement, 1 capsule one or two times daily between meals, or as directed by a healthcare practitioner.

Keep in a cool, dry place, tightly capped.



# Taurine



dietary supplement  
**HYPOALLERGENIC**  
250 vegetarian capsules

| Supplement Facts                                                                          |                |   |
|-------------------------------------------------------------------------------------------|----------------|---|
| Serving Size                                                                              | 1 Capsule      |   |
| Servings Per Container                                                                    | 250            |   |
|                                                                                           |                |   |
| Amount Per Serving                                                                        | % Daily Value* |   |
|                                                                                           |                |   |
| Taurine                                                                                   | 1000 mg        | † |
|                                                                                           |                |   |
| † Daily Value not established.    * Percent Daily Value are based on a 2,000 calorie diet |                |   |

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, silicon dioxide, magnesium stearate.

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