



# Mini•Multi

**Vitamins & Minerals**

DIETARY SUPPLEMENT

**Supports the Maintenance of Good Health\***

**180 Tablets**

\*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Vitamins & minerals in an easy-to-swallow mini-size tablet. Iron-free.\***

## Supplement Facts

Serving Size 1 Tablet

|                                                      | Amount Per Tablet | % DV |
|------------------------------------------------------|-------------------|------|
| Vitamin A (as beta carotene)                         | 5000 IU           | 100% |
| Vitamin C (from calcium ascorbate)                   | 120 mg            | 200% |
| Vitamin D3 (as cholecalciferol)                      | 600 IU            | 150% |
| Vitamin E (as d-alpha tocopheryl succinate from soy) | 60 IU             | 200% |
| Thiamin (Vitamin B-1)(from thiamin HCl)              | 1.5 mg            | 100% |
| Riboflavin (Vitamin B-2)                             | 1.7 mg            | 100% |
| Niacin (as niacinamide)                              | 20 mg             | 100% |
| Vitamin B-6 (as pyridoxine HCl)                      | 2 mg              | 100% |
| Folate (folic acid)                                  | 400 mcg           | 100% |

|                                                                                     | Amount Per Tablet | % DV |
|-------------------------------------------------------------------------------------|-------------------|------|
| Vitamin B-12 (as cyanocobalamin)                                                    | 6 mcg             | 100% |
| Biotin                                                                              | 150 mcg           | 50%  |
| Pantothenic Acid (from d-calcium pantothenate)                                      | 10 mg             | 100% |
| Calcium<br>(from calcium ascorbate, dicalcium phosphate and d-calcium pantothenate) | 22 mg             | 2%   |
| Iodine (from potassium iodide)                                                      | 75 mcg            | 50%  |
| Magnesium (from magnesium oxide)                                                    | 40 mg             | 10%  |
| Zinc (from zinc citrate)                                                            | 15 mg             | 100% |
| Selenium (from selenomethionine)                                                    | 35 mcg            | 50%  |
| Copper (from copper gluconate)                                                      | 2 mg              | 100% |
| Manganese (from manganese sulfate)                                                  | 2 mg              | 100% |
| Chromium (from Cr nicotinate glycinate)                                             | 60 mcg            | 50%  |

Other Ingredients: Microcrystalline cellulose, dicalcium phosphate, croscarmellose sodium, stearic acid (veg.), silicon dioxide, food glaze, magnesium stearate (veg.), ethylcellulose, hydroxypropylcellulose.

\* No added Iron.

**Directions:** Take one tablet daily, **at mealtime.**

This formula is prepared to disintegrate over a period of up to 1 hour.

✓ **Gluten-free** ✓ **Sugar-free** ✓ **Preservative-free**

### POTENCY & QUALITY GUARANTEED

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Tablet color  
variations  
naturally occur.



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