



Super 2 Daily®

**Multiple Formula with
Fish Oil & Lutein**

DIETARY SUPPLEMENT

Supports the Maintenance of Good Health*
120 Soft Gels

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

An easy-to-swallow iron-free soft gel that supplies the nutrients needed for optimal health.*

Supplement Facts

Serving Size 2 Soft Gels

Servings Per Container 60

	Amount Per 2 Soft Gels	% DV
Calories	15	
Calories from Fat	10	
Total Fat	1 g	2%**
Protein	1 g	2%
Vitamin A (100% as beta carotene)	10,000 IU	200%
Vitamin C (from calcium ascorbate)	600 mg	1000%
Vitamin D3 (as cholecalciferol)	1,600 IU	400%
Vitamin E (as d-alpha tocopherol from soy)	400 IU	1333%
Thiamin (Vitamin B-1)(from thiamin HCl)	15 mg	1000%
Riboflavin (Vitamin B-2)	17 mg	1000%
Niacin (as niacinamide)	40 mg	200%
Vitamin B-6 (as pyridoxine HCl)	20 mg	1000%
Folate (folic acid)	400 mcg	100%
Vitamin B-12 (as cyanocobalamin)	120 mcg	2000%
Biotin	300 mcg	100%

Other Ingredients: Beeswax, soy lecithin, rice flour, olive oil, soybean oil, medium chain triglyceride oil, ascorbyl palmitate, microcrystalline cellulose, glyceryl stearate, safflower oil. Soft Gel Shell: Beef gelatin, glycerin, water, carob. Contains soy and fish (anchovy and sardine).

Directions: Take two soft gels daily **at
mealttime**, with a full glass of water or beverage.

✓ **Gluten-free** ✓ **Milk/Casein-free**
✓ **Preservative-free**

	Amount Per 2 Soft Gels	% DV
Pantothenic Acid (from d-calcium pantothenate)	40 mg	400%
Calcium (from calcium ascorbate and d-calcium pantothenate)	70 mg	7%
Iodine (from potassium iodide)	300 mcg	200%
Magnesium (from magnesium oxide)	100 mg	25%
Zinc (from zinc glycinate chelate)	15 mg	100%
Selenium (from selenomethionine)	210 mcg	300%
Copper (from copper glycinate and copper carbonate)	2 mg	100%
Manganese (from manganese glycinate chelate)	3 mg	150%
Chromium (from chromium nicotinate)	240 mcg	200%
Molybdenum (from molybdenum glycinate)	75 mcg	100%
Lutein	800 mcg	†
Phosphatidyl Choline	50 mg	†
Boron (from boron amino acid chelate)	2 mg	†
Vanadium (from Bis-Maltolato Oxo Vanadium)	400 mcg	†
Fish Oil Concentrate	800 mg	†
EPA (Eicosapentaenoic Acid) °	130 mg	†
DHA (Docosahexaenoic Acid) °	90 mg	†

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
† Daily Value (DV) not established. ° Reported as triglycerides.

POTENCY & QUALITY GUARANTEED

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.

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An FDA Regulated Facility

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