

 *Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.®*



Ashwagandha Extract

(*Withania somnifera*)

is standardized to **4%**

withanolides. It has been traditionally used for its adaptogenic benefits.*

Questions? Call 1-800-9NATURE or visit naturesway.com. Our Ashwagandha extract is carefully tested and produced to superior quality standards.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrink-wrap and printed inner seal. Do not use if either seal is broken or missing. **Keep out of reach of children.**

BLK8171A
LN15387.A02



*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PREMIUM

**Nature's
Way**

EXTRACT

Ashwagandha

Standardized



vegetarian
CAPSULE

VITALITY TONIC*

60 Capsules / 4% Withanolides

DIETARY SUPPLEMENT

Recommendation: Take 1 capsule two to three times daily with food or water.

Caution: Not recommended for use by pregnant or lactating women. If you are using a sedative medication, consult a healthcare professional before using this product.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% DV
Ashwagandha extract (root), 4% withanolides (20 mg)	500 mg **

**Daily Value (DV) not established.

Other ingredients: Plant-derived capsule, Cellulose, Magnesium stearate

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