



A & D

25,000 IU & 1,000 IU

DIETARY SUPPLEMENT

Supports Healthy Vision and Immune Function*

100 Soft Gels

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Soft Gel

	Amount Per Soft Gel	% Daily Value
Vitamin A (from fish liver oil)	25,000 IU	500%
Vitamin D3 (from fish liver oil)	1,000 IU	250%

Other Ingredients: Safflower oil. Soft Gel Shell: Beef gelatin, glycerin, water. Contains fish (cod, pollock, haddock).

Directions: Adults take one soft gel three times weekly, **at mealtime**. Do not exceed recommended dosage. Do not take if you are pregnant or planning to become pregnant.

✓ Milk/Casein-free

✓ Preservative-free ✓ Gluten-free

WARNING: The recommended daily serving of this product contains more than 10,000 IU of Vitamin A from retinol. Taking vitamin A from retinol in quantities of 10,000 IU or more is known to cause birth defects or other reproductive harm.

**POTENCY & QUALITY
GUARANTEED**

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888-234-5656 • 847-255-1600

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