



Vitamin K₂

MK-7 (Menaquinone-7)

DIETARY SUPPLEMENT

Promotes Bone & Cardiovascular System Health*

180 Soft Gels: 45 mcg

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Soft Gel

	Amount Per Soft Gel	% Daily Value
Vitamin K ₂ (as MK-7 (menaquinone-7) from Natto Extract)	45 mcg	56%

Other Ingredients: Safflower oil, soybean oil. Soft Gel Shell: Beef gelatin, glycerin, water, carob.

- ✓ **Gluten-free**
- ✓ **Sugar-free**
- ✓ **Preservative-free**

Warning: Vitamin K can antagonize the effect of anticoagulants, including Warfarin. Do not take this product if you are taking Warfarin or are pregnant or breastfeeding without first consulting with your physician.

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Research suggests that vitamin K₂ promotes a healthy cardiovascular system and promotes healthy bones and cartilage.*

Directions: Adults take one soft gel daily, **at mealtime**. Keep bottle tightly closed. Store away from heat and moisture.

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POTENCY & QUALITY GUARANTEED



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