



Vitamin K₂

MK-4 (Menatetrenone)

DIETARY SUPPLEMENT

Promotes Bone & Cardiovascular System Health*

180 Capsules: 5 mg

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Capsule

Amount Per Capsule		% Daily Value
Vitamin K ₂ (as MK-4 (menatetrenone))	5 mg	6250%

Other Ingredients: Microcrystalline cellulose, magnesium stearate (veg.), silicon dioxide, beef gelatin capsule.

✓ **Gluten-free** ✓ **Sugar-free**
✓ **Preservative-free**

Warning: Vitamin K can antagonize the effect of anticoagulants, including Warfarin. Do not take this product if you are taking Warfarin without first consulting with your physician. Do not use during pregnancy or breastfeeding.

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Research suggests that vitamin K₂ promotes a healthy cardiovascular system and promotes healthy bones and cartilage.*

Directions: Adults take one capsule daily, **at mealtime**. Keep bottle tightly closed. Store away from heat and moisture.

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POTENCY & QUALITY GUARANTEED

