MultiMin

Allergy Research Group's classic mixed mineral formulation, emphasizing hypoallergenic sources as developed by Stephen A. Levine, Ph.D. MultiMin provides macrominerals, trace minerals, and ultra-trace minerals. Glutamic acid is included as a mildly acidifying agent.*

Suggested Use

As a dietary supplement, 1 capsule one to three times daily with meals, or as directed by a healthcare practitioner.

Taking more than 400 µg of selenium per day from all sources should only be done under the guidance of a healthcare professional.

Contraindicated with use of aluminum containing drugs.

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or a poison control center immediately.

Appropriate for food-sensitive individuals.

Variations in product color may occur. Keep in a cool, dry place, tightly capped.

*This statement has not been evaluated by the Food and Drug Adminjstration. This product is not intended to diagnose, treat, cure or prevent any disease.

Formulated exclusively for Allergy Research Group®
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AllergyResearchGroup®

MultiMin

A multiple mineral supplement

dietary supplement

HYPOALLERGENIC

120 vegetarian capsules

Supplement Facts

Serving Size	1 Capsule
Servings Per Container	120

Amount Per Serving		% Daily Value*
Calcium (as Calcium Citrate)	83 mg	8%
Iron (as Ferric Ammonium Citrate)	6 mg	33%
Magnesium (as Magnesium Glycinate)	83 mg	21%
Zinc (as Zinc Citrate)	10 mg	67%
Selenium (as Sodium Selenite)	33 mcg	47%
Copper (as Copper Sulfate)	0.5 mg	25%
Manganese (as Manganese Sulfate)	5 mg	250%
Chromium (as Amino Acid Complex)	133 mcg	110%
Molybdenum (as Sodium Molybdate)	83 mcg	110%
Potassium (as Potassium Chloride)	33 mg	<1%
Boron (as Boric Acid)	333 mcg	†
Vanadium (as Vanadium Pentoxide)	67 mcg	†
Glutamic Acid	67 mg	†

† Daily Value not established * Percent Daily Value are based on a 2,000 calorie diet

Other ingredients: Hydroxypropyl methylcellulose, L-leucine.

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