

BifidoBiotics with *L. sporogenes*

Provides friendly bacteria from the bifidobacteria group, the most common probiotics found in the large intestine. Lyophilized (freeze-dried).

Suggested Use

As a dietary supplement, 1 capsule two or three times daily, or as directed by a healthcare practitioner.

To maintain potency, store tightly closed and refrigerated. Short term heat exposure is acceptable.



AllergyResearchGroup®

BifidoBiotics with *L. sporogenes*



dietary supplement
60 vegetarian capsules

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving	% Daily Value
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<i>Lactobacillus rhamnosus</i>	2.2 Billion	*
<i>Bifidobacterium breve</i>	1.2 Billion	*
<i>Bifidobacterium longum</i>	1.2 Billion	*
<i>Lactobacillus sporogenes</i>	360 Million	*
<i>Lactobacillus acidophilus</i>	240 Million	*

* Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose, FOS, microcrystalline cellulose, silicon dioxide, L-leucine. Contains: Milk (in trace amounts)

Formulated exclusively for Allergy Research Group®
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