

## ChronoSet

Allergy Research Group® was the first to introduce melatonin into the healthfood and professional markets. Melatonin's main function in the body is to support sleep.\*

### Suggested Use

As a dietary supplement, 1 or 2 capsules one hour before bedtime, or as directed by a healthcare practitioner.

**WARNING:** Melatonin may have a strong sedating effect within 20 minutes of consumption. Not to be used during daytime. Not recommended for women who are pregnant, wishing to become pregnant, or breastfeeding; for children or adolescents; or for those with a prior history of seizures. Do not use while operating a motor vehicle or other machinery. In rare cases it may stimulate seasonal affective disorder, depression, or have stimulatory effects.

This nutrient is of the highest quality and purity obtainable, is free of all common allergens (antigens), and does not contain preservatives, diluents, or artificial additives.



AllergyResearchGroup®

## ChronoSet Melatonin Formula



dietary supplement  
**HYPOALLERGENIC**  
100 vegetarian capsules

## Supplement Facts

|                        |            |
|------------------------|------------|
| Serving Size           | 2 Capsules |
| Servings Per Container | 50         |

| Amount Per Serving | % Daily Value |
|--------------------|---------------|
| Melatonin          | 2.6 mg *      |

\* Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, L-leucine.

Keep in a cool, dry place, tightly capped.

**\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Formulated exclusively for Allergy Research Group®  
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Rev. 004