Steady On

Steady On is a blend of nutrients designed to provide comprehensive general nutrition, along with precursors for the formation of neurotransmitters.* This proprietary blend is available at a fraction of the cost of all of these nutrients taken separately - all in a convenient powder form.

Suggested Use

As a dietary supplement, 1 level scoop one or two times daily, mixed with desired liquid, or as directed by a healthcare practitioner.

Variations in product color may occur. Keep in a cool, dry place, tightly capped.

Product is sold by weight, not volume. Some settling may occur.

*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.



Formulated exclusively for Allergy Research Group® Alameda, CA, 94502 www.allergyresearchgroup.com Phone: 510.263.2000

Rev. 006

AllergyResearchGroup®

Steady On

Total Neurological Nutrient Support*



dietary supplement 300 grams (10.6 oz.)

Supplement Facts

Amount Per Serving Calories 50 Calories from Fat 30 % Daily Value Total Fat Saturated Fat 0.4 gCholesterol 8 mg Total Carbohydrates Dietary Fiber 1.5 g 1.5 g Sugars Protein Vitamin A (as Beta-Carotene) 1680 IU Vitamin C (as Ascorbic Acid) 440 ma Vitamin D3 (as Cholecalciferol) 130 IU Vitamin E (Mixed Tocopherols) 360 IU Vitamin K1 (as Phytomenadione) 45 mca Thiamine (as Thiamine Hydrochloride) 22 ma Riboflavin (Vitamin B2) Nigcin (as Inosital Hexanicatingtel 180 mg Vitamin B6 (as Pyridoxine Hydrochloride) 22 mg Folic Acid Vitamin B12 (as Cyanocobalamin)22 mcg d-Biotin Pantothenic Acid 110 mg 1100% Calcium (as Calcium Citrate/Gluconate) 310 ma 31%

	Annual Street,			Servings Per Container	
_	Amount Per Serving	% Dail	ly Value	Amount Per Serving	% Daily Va
	Magnesium (as Magnesium Citrate	e/Glucona	te)	L-Lysine	50 mg
_		130 mg	33%	L-Methionine	180 mg
*	Zinc (as Zinc Citrate)	13 mg	87%	L-Ornithine Hydrochloride	220 mg
%	Selenium (as Sodium Selenite/Sele		nine)	L-Phenylalanine	440 mg
%		90 mcg	130%	L-Proline	45 mg
%	Copper (as Copper Bisglycinate)	0.9 mg	45%	L-Serine	42 mg
%	Chromium (as Chromium Picolinat	e)		Taurine	670 mg
%	1	80 mcg	150%	L-Threonine	45 mg
	Potassium (as Potassium Gluconate	a) 45 mg	1%	L-Tyrosine	440 mg
%				N-Acetyl-L-Cysteine	440 mg
%	Beta-Carotene		mg †	Glutathione (reduced)	110 mg
%	Coenzyme Q10	67 1		Pancreatin	13 mg
%	Inositol	22 1		Papain	22 mg
%	Choline	22 1	mg †	Bromelain	22 mg
%	Soy Lecithin (26% Phosphatidylcholi	ine) 1440 i	mg †	Grape Seed Extract	220 mg
%	L-Alanine	35 1	mg †	Garlic (1% Allicin)	45 mg
%	L-Arginine	110		Lutein	1.8 mg
%	L-Aspartic Acid	95 1		Lycopene	1.3 mg
%	L-Carnitine	110 i	mg †	Palmitic Acid	130 mg
%	L-Cystine		mg †	Stearic Acid	40 mg
%	L-Glutamine	67 1		Flax Seed Oil	440 mg
%	Glycine	67 1	mg †	Lipoic Acid	45 mg
%	L-Histidine	22 1	mg †	MSM (Methylsulfonylmethane)	45 mg
	L-Isoleucine	45 1	mg †	Eicosapentaenoic Acid (EPA)	160 mg
%				Docosahexaenoic Acid (DHA)	110 mg

Serving Size

Servings Per Container

1 Scoop (20 g)

Other ingredients: Oat bran, rice bran, psyllium bran, apple fiber, Natural Lemon oil and Natural Lime oil flavoring, Sorbitol, Silicon dioxide.

^{*} Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.