BODYTECH®

GLUTAMINE

ANTI-CATABOLIC RECOVERY AGENT

300 CAPSULES • DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
L-Glutamine (a free form amino acid)	500 mg	*

* Daily Value not established.

Other ingredients: Gelatin, microcrystalline cellulose, magnesium stearate, titanium dioxide.

Does not contain: Yeast, Corn, Wheat, Gluten, Sugar, Starch, Salt, Soy, Dairy, Citrus, Fish, Artificial Colors or Flavors Added.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

DIRECTIONS: As a dietary supplement take one (1) capsule daily, preferably in between meals.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

L-Glutamine is the single most abundant amino acid in the human body. It is involved in regulating protein synthesis and has been shown to possess Anti-Catabolic properties to help preserve muscle. Intense exercise can deplete glutamine stores, however, supplemental glutamine is thought to replenish these stores allowing for enhanced recovery.

Distributed by: Vitamin Shoppe, Inc.
Secaucus, NJ 07094
Visit www.bodytech.com
or call 1-800-223-1216
for more information and to reorder.

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