

## BCAA

2:1:1 RATIO

**FRUIT PUNCH** 

NATURALLY & ARTIFICIALLY FLAVORED DIETARY SUPPLEMENT

NET WT. 11.1 OZ. (315 g)

## Supplement Facts

Serving Size 1 Scoop (7 g) Servings Per Container about 45

	Amount Per Serving	% Daily Value
L-Leucine <sup>†</sup>	2.5 g	*
L-Isoleucine <sup>†</sup>	1.25 g	*
L-Valine†	1.25 g	*
* Daily Value not established.		

Other ingredients: Citric acid, malic acid, natural and artificial fruit punch flavor, maltodextrin, sodium chloride, silica, sucralose, FD&C Red 40.

**Does not contain:** Yeast, Wheat, Gluten, Sugar, Soy, Starch, Dairy, Citrus, Fish, Animal Derivatives, Preservatives.

† Free Form Amino Acids

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**DIRECTIONS:** As a dietary supplement, mix one (1) scoop (7 g) with 6-8 oz. of water. For best results, use before and after training and consume daily.

**WARNING:** Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

BodyTech's Instantized BCAA Powder provides a precise 2:1:1 ratio of the essential branched chain amino acids: L-Leucine, L-Isoleucine and L-Valine. During times of metabolic stress (such as high intensity resistance training), BCAAs may become fuel for your muscles, help aid in protein synthesis and prevent catabolism (protein breakdown).

Distributed by: Vitamin Shoppe, Inc. Secaucus, NJ 07094 Visit www.bodytech.com or call 1-800-223-1216 for more information and to reorder.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT

Do not use if outer seal is broken or missing.

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