

DIM-plus™ Benefits

DIM-plus contains diindolylmethane, a phytonutrient found in cruciferous vegetables including broccoli, Brussels sprouts, cabbage, cauliflower and kale.

Diindolylmethane has unique benefits that support the activity of enzymes that improve estrogen metabolism.*

Research shows diindolylmethane increases the level of “favorable” estrogens (2-hydroxyestrogen) while reducing the level of “less favorable” estrogens (16-hydroxyestrogen).*



*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIM-plus™ Difference

Patented Complex

Contains patented BioResponse-DIM® Complex—an enhanced bioavailability delivery system for diindolylmethane.

Enhanced Absorption

The bioavailability of DIM-plus is superior to regular diindolylmethane and its unstable precursor, indole-3-carbinol (I3C). With DIM-plus you are assured a stabilized and consistent dose of diindolylmethane.

Protectamins® Vegetables

DIM-plus also contains spinach, cabbage and concentrated broccoli for additional phytonutrients.



Keep out of reach of children. Safety sealed with printed outer shrinkwrap over bottle cap and inner seal under cap. Do not use if either seal is broken or missing. Store in a cool, dry place. Keep bottle tightly closed.

BioResponse-DIM® and DIM® are trademarks of BioResponse, LLC. BioResponse-DIM® is a patented, enhanced bioavailability, oral delivery system for diindolylmethane (U.S. patent #6,086,915).



DIM-plus™
Diindolylmethane

Estrogen Metabolism*

- Enhanced Absorption
- Patented Complex

120 VEGETARIAN CAPSULES
Dietary Supplement

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RECOMMENDATION: Women take 2 capsules daily with food. Men take 2 capsules twice daily with food. **For Intensive Use (Women/Men):** take up to double the recommended dose.

CAUTION: Do not use if pregnant or nursing. A harmless but noticeable change in urine color may occur during usage. If taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Capsules / Servings per Container 60

Amount Per Serving		% DV
Vitamin E (as d-alpha tocopheryl succinate from BioResponse-DIM®)	9 IU	30%
BioResponse-DIM® Complex (patented, enhanced bioavailability complex containing 25% diindolylmethane (25 mg), starch, Vitamin E, phosphatidylcholine (soy), silica)	100 mg	**
Protectamins® Vegetable Blend (spinach powder, cabbage powder, concentrated broccoli powder)	100 mg	**

**Daily Value (DV) not established.

Other ingredients: cellulose, plant-derived capsule (hypromellose, titanium dioxide color)

Contains soy

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Questions? 1-800-9NATURE / naturesway.com

GLUTEN-FREE. No sugar, salt, wheat, yeast, dairy products, artificial flavors or preservatives.



White Vegetarian Capsule
Color protects DIM® from light



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