

PhosSerine® Complex

Phosphatidylserine is a phospholipid, extracted from soy lecithin with the aid of a cabbage enzyme.

Suggested Use

As a dietary supplement, 1 softgel three times daily with meals, or as directed by a healthcare practitioner.

This nutrient is of the highest quality and purity obtainable, and does not contain preservatives, diluents, or artificial additives.

Keep in a cool, dry place, tightly capped.



AllergyResearchGroup®

PhosSerine® Complex

Soy Lecithin Base



dietary supplement
90 softgels

Supplement Facts

Serving Size	1 Softgel
Servings Per Container	90

Amount Per Serving	% Daily Value
Phosphatidylserine (soy)	100 mg *
Phosphatidic Acid	100 mg *

* Daily Value not established.

Other ingredients: Other phospholipids, soybean oil, gelatin, glycerin, water.

Formulated exclusively for
Allergy Research Group®
Alameda, CA, 94502
www.allergyresearchgroup.com
Phone: 510.263.2000

Rev. 004