



Niacin•Time®

Timed-Release Niacin
500 mg

DIETARY SUPPLEMENT

Promotes Energy Production*
250 Tablets

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Tablet

	Amount Per Tablet	% Daily Value
Niacin (as nicotinic acid)	500 mg	2500%

Other Ingredients: Stearic acid, microcrystalline cellulose, carnauba wax, hydroxypropylcellulose, magnesium stearate, silicon dioxide.

Directions: Adults take one tablet daily **at mealtime**. Consult your physician before exceeding recommended use. Keep bottle tightly closed. Store away from heat and moisture.

Warning: Do not take if you are pregnant or lactating.

✓ **Gluten-free**

✓ **Preservative-free** ✓ **Sugar-free**

*If flushing or itching occurs, drinking 1 or 2 glasses of water may alleviate symptoms.

Niacin is an essential B-Vitamin (B-3). Niacin is involved in the normal metabolism of fats and fat-like substances such as cholesterol.*

Niacin taken in a single 500 mg dose often causes flushing or itching. Carlson Niacin•Time® is prepared to minimize or eliminate these unpleasant side effects by providing a gradual release of Niacin over a period of several hours. Please be aware that a flush may occur.*

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POTENCY & QUALITY GUARANTEED

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