



# Niacin•Time®

Timed-Release Niacin  
500 mg

DIETARY SUPPLEMENT

Promotes Energy Production\*  
100 Tablets

\*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Serving Size 1 Tablet

|                            | Amount<br>Per Tablet | % Daily<br>Value |
|----------------------------|----------------------|------------------|
| Niacin (as nicotinic acid) | 500 mg               | 2500%            |

Other Ingredients: Stearic acid, microcrystalline cellulose, carnauba wax, hydroxypropylcellulose, magnesium stearate, silicon dioxide.

**Directions:** Adults take one tablet daily at **mealtime**. Consult your physician before exceeding recommended use. Keep bottle tightly closed. Store away from heat and moisture.

**Warning:** Do not take if you are pregnant or lactating.

✓ **Gluten-free**

✓ **Preservative-free** ✓ **Sugar-free**

\*If flushing or itching occurs, drinking 1 or 2 glasses of water may alleviate symptoms.

Niacin is an essential B-Vitamin (B-3). Niacin is involved in the normal metabolism of fats and fat-like substances such as cholesterol.\*

Niacin taken in a single 500 mg dose often causes flushing or itching. Carlson Niacin•Time® is prepared to minimize or eliminate these unpleasant side effects by providing a gradual release of Niacin over a period of several hours. Please be aware that a flush may occur.\*

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## POTENCY & QUALITY GUARANTEED

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