

DIM Vitex PMS Formula

Contains BioResponse DIM®, a stable, bioavailable form of diindolylmethane (DIM), combined with Vitex and Green Tea Extract.

Suggested Use

As a dietary supplement, 1 capsule two times daily with meals, or as directed by a healthcare practitioner.

Do not use this product if you are pregnant, lactating, or using birth control pills. Persons taking prescription medications should consult a healthcare practitioner before use. Harmless changes in urine color may occur. Keep out of reach of children.

Keep in a cool, dry place, tightly capped.



AllergyResearchGroup®

DIM Vitex PMS Formula



dietary supplement
60 vegetarian capsules

Supplement Facts

Serving Size	1 Capsule
Servings Per Container	60

Amount Per Serving	% Daily Value
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BioResponse DIM® (A patented Diindolylmethane complex), starch, diindolylmethane (25% min.), Vitamin E succinate, phosphatidylcholine (soy), silica	75 mg	*
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Green Tea Extract decaffeinated (standardized to 60% Catechins)	600 mg	*
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Vitex <i>agnus-castus</i> (Berries) Extract	20 mg	*
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* Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose, L-leucine.

Formulated exclusively for Allergy Research Group®
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