



Cascara Sagrada Max-V

Standardized Herbal Extract Supplement
25% hydroxyanthracine derivatives



**Douglas
Laboratories®**

90 Vegetarian Capsules

Supplement Facts

Serving Size 1 vegetarian capsule
Servings Per Container 90

Amount Per Serving	%DV
Cascara sagrada Extract (bark) (<i>Rhamnus purshiana</i> DC.) Standardized to provide 12.5 to 15 mg hydroxyanthracine derivatives and 10 to 12 mg cascarioside	50 mg*
Cascara sagrada (bark) (non-standardized)	100 mg*

*Daily Value not established.

Other ingredients: Cellulose, silica and vegetable stearate.

Manufactured in the USA by:

Douglas Laboratories

600 Boyce Road

Pittsburgh, PA 15205 USA

www.douglaslabs.com

The bark of Cascara sagrada (*Rhamnus purshiana* DC.) was introduced to early explorers by the Native Americans. It contains free anthraquinone and hydroxyanthracine derivatives (HAD). This U.S.P. extract is standardized at 25% to 30% HAD, of which 80% is cascarioside.

Suggested Usage:

As a dietary supplement, adults take 1 capsule daily between meals. Children and elderly adults: 1/4 to 1/2 capsule. Stop use and consult your healthcare professional if allergic reactions occur. Caution: Use only as recommended. Do not use if pregnant or nursing. Laxative effect will be transmitted to nursing infants. Do not use if you have ulcers or irritable bowel syndrome. Results take 6 to 8 hours to occur. Very high doses have cathartic effect (violent expulsion).

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place.
(59°-77°F/15°-25°C) (35-65% relative humidity)

Tamper resistant package, do not use if outer seal is missing.

Formula #77312

