

Calm/Recharge®

A formulation of selected vitamins, minerals, amino acids, and Chinese herbs.

Suggested Use

As a dietary supplement, 2 scoops two times daily, or as directed by a healthcare practitioner.

Keep in a cool, dry place, tightly capped.



Formulated exclusively for
Allergy Research Group®
Alameda, CA, 94502
www.allergyresearchgroup.com
Phone: 510.263.2000

AllergyResearchGroup®

Calm/Recharge®



dietary supplement
250 grams (8.8 oz.)

Supplement Facts

Serving Size 2 Scoops (8.33 g)
Servings Per Container 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin C (as Calcium Ascorbate)	450 mg 750 %	Proprietary Herbal Blend	2000 mg *
Calcium (as Calcium Ascorbate)	50 mg 5%	Chinese Peony (Root) Extract	
Magnesium (as Magnesium Citrate)	300 mg 75%	Bai-Zhu Atractylodes (Root) Extract	
L-Theanine	500 mg *	Momordica charantia (Fruit) Extract	
Glycine	2000 mg *	Cudrania tricuspidata (Root) Extract	
Taurine	500 mg *	Shrubby Sophora (Root) Extract	
L-5-Hydroxytryptophan	100 mg *	Chinese Yam (Root) Extract	
		Lactobacillus rhamnosus Lysate Powder	50 mg *

Other ingredients: Silicon dioxide, microcrystalline cellulose.

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