

GLA Borage Oil

Gamma-linolenic acid (GLA) from borage oil. GLA is an ω -6 semi-essential fatty acid. Borage oil is high in GLA content (23% min.), and also in the ω -6 fatty acid, linoleic acid.

Suggested Use

As a dietary supplement, 1 softgel one or two times daily with meals, or as directed by a healthcare practitioner.

Variations in product color may occur. Keep in a cool, dry place, tightly capped.

Formulated exclusively for Allergy Research Group®
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AllergyResearchGroup®

GLA Borage Oil



dietary supplement
HYPOALLERGENIC
30 softgels

Supplement Facts

Serving Size 1 Softgel
Servings Per Container 30

Amount Per Serving

Calories 10

Calories from Fat 10

% Daily Value*

Total Fat 1.0 g 2%

Polyunsaturated Fat 500 mg †

Borage Oil 1.0 g †

Gamma-Linolenic Acid (ω -6) 240 mg †

Linoleic Acid (ω -6) 380 mg †

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Gelatin, glycerin, purified water.

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