

Other Ingredients: Gelatin (capsule, from fish) and silica.

Manufactured in the USA for:

**Douglas Laboratories**

600 Boyce Road

Pittsburgh, PA 15205 USA

[www.douglaslabs.com](http://www.douglaslabs.com)

1.800.245.4440

A Douglas Laboratories® Caplique™ capsule is a liquid-filled, two piece capsule sealed with a band.

**Suggested Usage:** As a dietary supplement, adults take 2 Caplique™ capsules daily or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #200518



# Chia & Echium Omega-3

A Dietary Supplement



60 Caplique™ Capsules

## Supplement Facts

Serving Size 2 Caplique™ capsules

Servings Per Container 30

| Amount Per Serving             | %DV        |
|--------------------------------|------------|
| Calories .....                 | 10         |
| Calories from Fat .....        | 10         |
| Total Fat .....                | 1.3 g** 2% |
| Chia Seed Oil .....            | 650 mg *   |
| ( <i>Salvia hispanica</i> )    |            |
| Echium Seed Oil .....          | 650 mg *   |
| ( <i>Echium plantagineum</i> ) |            |
| Providing Approximately:       |            |
| Omega-3 Fatty Acids .....      | 580 mg *   |
| Including:                     |            |
| Stearidonic Acid .....         | 60 mg      |
| Omega-6 Fatty Acids            |            |
| Including:                     |            |
| Gamma Linolenic Acid .....     | 55 mg      |
| Astaxanthin .....              | 2 mg *     |

\*Daily Value not established.