

Bottled in *Norway*
for Maximum
Freshness

Carlson



EcoSmart[®] Omega-3

Sustainable Source

*Purity & Potency
Guaranteed*



*Great **LEMON**
Taste!*

200 ML. (6.7 FL.OZ.)
Dietary Supplement

PROMOTES BRAIN, VISION, JOINT AND HEART HEALTH*

EcoSmart Omega-3 is an eco-friendly and highly sustainable source of the important omega-3's, DHA & EPA. Each great tasting teaspoonful of lemon flavored EcoSmart Omega-3 provides the omega-3's that aid in our well-being by promoting and supporting brain, nerve, vision, joint and heart health.*

Supplement Facts		Servings Per Container 40
Serving Size 1 Teaspoonful (5 ml)		
Each Teaspoonful Contains		% DV
Calories (energy)	40	
Calories from Fat	40	
Total Fat	5 g	8% ☆
Saturated Fat	1 g	5% ☆
Polyunsaturated Fat	2 g	†
Monounsaturated Fat	1.5 g	†
Cholesterol	75 mg	25%
Vitamin E Natural (d-Alpha Tocopherol)	10 IU	33%
Norwegian Calamari Oil	4.6 g	†
Omega-3 Fatty Acids**	1,320 mg	†
DHA (Docosahexaenoic Acid)**	800 mg	†
EPA (Eicosapentaenoic Acid)**	400 mg	†
Other Omega-3 Fatty Acids**	120 mg	†

☆ Percent Daily Value is based on a 2,000 calorie diet.
† Daily Value (DV) not established.



Other Ingredients: Natural lemon flavor, mixed tocopherols.
Contains calamari.

**Reported as triglycerides.

Directions: Take one teaspoonful one or two times daily AT MEALTIME. To retain freshness after initially opening the bottle, keep refrigerated and preferably use within 60 days.

PURITY GUARANTEED

This product is regularly tested (using AOAC international protocols) for freshness, potency and purity by an independent, FDA-registered laboratory and has been determined to be fresh, fully-potent and free of detrimental levels of mercury, cadmium, lead, PCB's and 28 other contaminants.

Specializing in Norwegian Marine Oils since 1982.

***These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured & bottled in Norway for J.R. Carlson Laboratories, Inc.

Arlington Heights, IL 60004-1985

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