



Carlson

Norwegian The Very Finest Fish Oil

1600 mg Omega-3s

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



Natural
Lemon
Flavor

DIETARY SUPPLEMENT

Promotes Heart, Brain, Vision
and Joint Health*

16.9 fl oz (500 mL)

1545-3a

Carlson
The Finest Norwegian Fish Oil

Supplement Facts

Serving Size 1 Teaspoon (5 mL)
Servings Per Container 100

	Amount Per Teaspoon	% DV
Calories	40	
Calories from Fat	40	
Total Fat	4.5 g	7%**
Saturated Fat	1 g	5%
Polyunsaturated Fat	2 g	†
Monounsaturated Fat	1 g	†
Cholesterol	15 mg	5%
Vitamin E (as natural d-Alpha Tocopherol)	10 IU	33%
Omega-3 Fatty Acids*	1,600 mg	†
EPA (Eicosapentaenoic Acid)*	800 mg	†
DHA (Docosahexaenoic Acid)*	500 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value (DV) not established. *Reported as triglycerides.

Other Ingredients: Natural lemon flavor, natural tocopherols. Contains fish (anchovy, sardine, mackerel).

Directions: Take one teaspoon one or two times daily **at mealtime**. After initially opening the bottle, keep refrigerated and preferably use within 100 days.

✓ **Gluten-free** ✓ **Preservative-free**

PURITY GUARANTEED

This product is regularly tested (using AOAC international protocols) for freshness, potency and purity by an independent, FDA-registered laboratory and has been determined to be fresh, fully-potent and free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.

Manufactured & bottled in Norway for J. R. Carlson Laboratories, Inc.
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