

# Biotin 5000

Biotin is an essential coenzyme for a variety of carboxylation reactions, and is involved in the metabolism of fats, sugars and amino acids.\* Gluten Free!

## Suggested Use

As a dietary supplement, 1 capsule one or two times daily with meals, or as directed by a healthcare practitioner.  
Keep in a cool, dry place, tightly capped.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# Biotin 5000



dietary supplement  
**HYPOALLERGENIC**  
60 vegetarian capsules

| Supplement Facts                                        |                |       |
|---------------------------------------------------------|----------------|-------|
| Serving Size                                            | 1 Capsule      |       |
| Servings Per Container                                  | 60             |       |
|                                                         |                |       |
| Amount Per Serving                                      | % Daily Value* |       |
|                                                         |                |       |
| Biotin                                                  | 5000 mcg       | 1667% |
|                                                         |                |       |
| * Percent Daily Value are based on a 2,000 calorie diet |                |       |

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, medium chain triglycerides, silica.

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